



**AZIENDA  
ULSS 9  
TREVISO**

**Distretto Socio-Sanitario n. 4  
Il Direttore**

### **TO WHOM IT MAY CONCERN**

Date: July, 31<sup>st</sup> 2013

Ref. : Alessandra Varotto (born in Padua on 19<sup>th</sup> November 1975)

I am writing this reference at the request of the above named student. She has asked me to provide this general letter that she may show to any prospective employer who asks her for references.

As a lecturer of Clinical Classes at the Faculty of Psychology of Padua University, I met Dr. Alessandra Varotto in 2004. The candidate attended Clinical Classes in order to get a Science degree in Psychology of Personality and Interpersonal Relationship.

More specifically, during the class of "Psychobiology of Health," I found that the candidate took a great interest in the issues of psychological well-being, of quality of life and of the new challenges of psychology in the management of discomfort and stress related to physical illness and in support to carers of frail and disabled patients. The above issues are related to areas of research I deal with in collaboration with Professors Palomba and Sanavio, moreover they are also related to the practice of Health and Social Services (I am a Director of a Social and Health District which also has a general hospital and a rehabilitation hospital).

The candidate combined theoretical studies with an experience of practical training at a Social Cooperative whose educational and therapeutic approach to the person, was particularly significant for the purposes of thesis writing and her maturation on a human and professional level.

On this basis and personal considerations, I can state that Dr. Alessandra Varotto is a brilliant, tenacious, motivated and scientifically curious person. I remember her attentive and active participation in my classes and I consider very positively her training as far as social inclusion of people with psychic disadvantages is concerned.

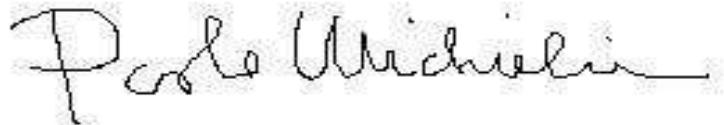
Moreover, the candidate has an upper intermediate knowledge level of English, improved and maintained thanks to repeated stays abroad. In these multicultural contexts, Dr. Varotto has shown a good adaptability and strength whose benefit certainly might offer your team (with whom I hope she will be able to express the working method that she

has acquired) precision and scientific curiosity, which are also central to the vocation for research.

Therefore, I would highly recommend the candidate for a position within your organization. If her performance in my course is any indication of how she'd perform in your environment she will be a valuable asset to you. Dr. Alessandra Varotto will be a positive addition to your organization.

Yours faithfully

Dott. Paolo Michielin

A handwritten signature in black ink that reads "Paolo Michielin". The signature is written in a cursive style with a large initial 'P' and a long horizontal flourish at the end.

Former associated professor of Clinical Psychology and currently adjunct Professor of "Clinical Psychodiagnosis" at Padua University .  
Director of Social and Health Services District n°4 – State Social Health Corporation of Treviso